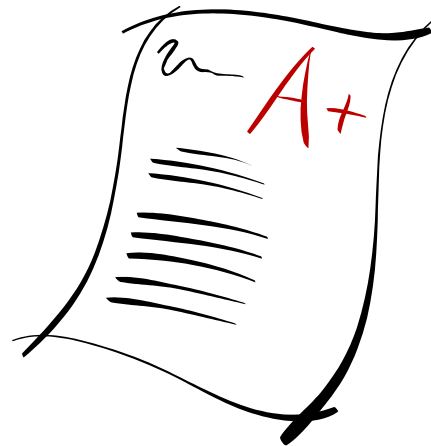


# Finish Strong: Ending your academic semester with success

Center for Student Retention and Success

A Title III Funded Program



# TAKE RESPONSIBILITY

- ▶ The most successful college students are those who know how to learn independently.
- ▶ Ask your professors for help, but take responsibility for your own learning.
- ▶ Take time to study on your own
- ▶ Seek support systems-study groups, the writing center- but don't rely on others to do your thinking and planning for you.

# How Much Studying is Enough?

- ▶ A full-time student (enrolled in 12-15 credit hours or more) should be spending 36-45 hours on studies.
- ▶ The basic formula is 2 hours of outside-class work (24 to 30 hours if full-time) for each credit hour in addition to the regular class contact time.
- ▶ While you may be able to get by with less (especially in introductory courses in subjects that you are good at) it is better to budget more time than you'll need than less. Remember also that as the semester PREPARES TO END, many classes may become more demanding.

# Don't Fall Behind

- ▶ Don't assume that because you understand the basic outline of a subject you have mastered it.
- ▶ Keep track of final assignments and exams
- ▶ Ask your professors about your academic progress
- ▶ Clarify what is needed during the final exam (i.e. scantrons, bluebooks, additional reading materials etc.)

# Stay Focused

- ▶ Attend classes regularly even when the instructor doesn't take attendance.
- ▶ Don't procrastinate on the reading or other assignments.
- ▶ Don't wait until the day before the deadline to begin a paper.
- ▶ Don't leave all your studying for the day before the exam.
- ▶ Don't be afraid to ask questions.



# Campus Resources

Center for Comprehensive Communication  
Lake Campus Multipurpose Building, Room E502

- ▶ MATH Lab
  - ▶ Monday & Wednesday 8 am-4 pm
  - ▶ Tuesday & Thursday 9:30 am-7 pm
- ▶ Reading Lab
  - ▶ Monday-Friday 8 am-5 pm
- ▶ Writing Lab
  - ▶ Monday-Friday 8 am-5 pm
- ▶ Writing Tutoring
  - ▶ Monday-Friday 8 am-5 pm
- ▶ Computer Lab
  - ▶ Monday, Wednesday & Friday 8 am-5 pm
  - ▶ Tuesday & Thursday 8 am-7 pm

# For Further Assistance Visit your Retention Counselor in your Department

## **School of Social Work**

**Tina T. Smith , MSW  
Retention Counselor  
tsmith@suno.edu**

**New Science Building Room 210c  
504-284-5557**

## **College of Arts and Sciences**

**Ashley Ojo, MA, LPC  
Retention Counselor  
(MATH, FRSC, BIOL,HIMS)  
aojo@suno.edu**

**Modular Building on Lake Campus - Room 429  
504-286-5078**

## **College of Education and Human Development**

**Chandra Richardson, MSW, ABD  
Retention Counselor  
crichardson@suno.edu**

**Modular Building on Lake Campus —Room 328  
504-286-5072**

## **College of Arts and Sciences**

**Mary Jackson  
Retention Counselor  
(ENGL, GNST, SUBA, PSYC, HIST, CRMJ)  
mjackson@suno.edu**

**Modular Building on Lake Campus - Room 430  
504-286-5075**

# SURVEY

Please complete the Finish Strong: Ending your academic semester with success survey, by using the following link.

<https://www.surveymonkey.com/s/6LLVNF8>